“Remembering Yesterday, Caring Today”
putting creative reminiscence at the heart of relationships in positive dementia care for the future

The inspiring international project “Remembering Yesterday, Caring Today” (RYCT) celebrates its 20th year of delivering Reminiscence in Dementia Care at a Conference in Greenwich, London on 16th & 17th November 2017

This tried and tested project has demonstrated across 16 countries a unique and creative way to bring together, as equals, people with dementia and their carers to share memories and celebrate long-term relationships.

Come and find out how you can be part of this exciting international movement that has enriched the lives of many people with dementia through engagement in creative reminiscence.

This conference, hosted by the University of Greenwich and the European Reminiscence Network, will include presentations from guest speakers from many countries, workshops, performances, exhibitions, and reflections from participating families and the project's graduate apprentices.

The conference is FREE but booking is essential
Register at: https://www.eventbrite.com/e/remembering-yesterday-caring-today-20th-anniversary-conference-tickets-36099503587
For general enquiries contact pam@pamschweitzer.com
This conference aims to:

- Reflect on the work of the European Reminiscence Network to date
- Re-position reminiscence from an optional activity to a central platform in person-centred and relationship-centred dementia care
- See creative reminiscence in the broader context of the arts and dementia
- Plan for a positive future in which families can live well with dementia.

Who should attend the conference?

- Voluntary organizations
- Arts organisations and freelance arts workers
- Health and social care staff
- Care commissioners and service providers
- Cultural organisations
- Students and researchers
- Anyone interested in positive dementia care and living well with dementia

What is on offer?

**Thursday 16th November – 10.00 to 18.00**

*University of Greenwich, Queen Anne Court, Room 063, Maritime Campus, SE10*

Talks and presentations by guest speakers from around the world followed by the launch of an exhibition of Memory Boxes from EU countries and ‘taster’ performances inspired by these boxes created by University of Greenwich students

**Friday 17th November – 10.00 to 17.00**

*University of Greenwich at The Old Baths, Bathway, Woolwich, London SE18 6QX*

Talks and workshops led by European Reminiscence Network partners and full performances of reminiscence theatre by students of the University plus planning the future
Background to “Remembering Yesterday, Caring Today” (RYCT):

This project was created in 1997 by the European Reminiscence Network to support people with dementia and their family carers. Over the years, it has brought together participants from 16 countries including Austria, Belgium, Czech Republic, Denmark, Finland, France, Germany, Ireland, Netherlands, Norway, Poland, Romania, Slovakia, Spain, Sweden and the UK, to explore creative and inclusive approaches to reminiscence work. Our Network has recently expanded to include Canada and Japan. Visiting speakers from these and the above countries will speak and showcase their work at the conference.

RYCT involves people with dementia, together with their carers. It aims to improve self-esteem, conserve identity, promote communication and celebrate people’s personal histories in a positive and supportive small group environment. For participating families, the project offers the possibility of creative artistic engagement, new friendships, mutual support, and a strengthening of often stressed caring relationships.

In themed weekly meetings led by skilled facilitators, families explore their past and present lives through involvement in drama, music, visual arts and dance. Leaders and volunteers create a warm and relaxed atmosphere that enables people with dementia to participate fully, allowing their personalities and talents to shine through.

Over 20 years, RYCT has involved over 5,000 people, including project leaders, trainers, apprentices, trainees, volunteers, families living with dementia, researchers and funders. It has brought together a rich mix of disciplines from the worlds of reminiscence, dementia care, education, the expressive and visual arts, oral history, psychology, mental health and social care. It has set up a training and apprenticeship scheme now running in several EU countries to ensure that the project can grow and develop. The project has recently been awarded ‘success story’ status by the European Commission, a rare and special accolade.

We have tested the RYCT approach in many different settings, and developed the work in light of experience. Our handbook has been translated into several languages, with new translations pending in both Slovak and Japanese.

Now, against the backdrop of cuts to health and social care budgets and the uncertainties created by Brexit, we must consider the future. Can a project like this be self-sufficient? How can we ensure that this work continues and prospers?